



NATIONAL ASSOCIATION OF WOMEN BUSINESS OWNERS

Prepare to Care

Carol Webster
Cassel International

Strengthen

Build

CREATE

Transform

WOMEN MEAN BUSINESS®



NATIONAL ASSOCIATION OF WOMEN BUSINESS OWNERS

What Everyone Needs



- Knowledge you're not alone
- Resources
- Alternate caregivers
- Time for family
- Ability to vent
- Flexibility and understanding

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What Employees Need

- Upfront company policies
- Flex-time
- Education
- Employee assistance programs



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What Business Owners Need

- Good employees
- Ability to ask for help
- A caring network of other business owners
- Balance!



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Resources – Caregiving and Related Issues

- Eldercare Locator – a public service of the U.S. Administration on Aging - <http://www.eldercare.gov/Eldercare/Public/Home.asp>
- National Academy of Elder Law Attorneys - <http://www.naela.org/>
- Family Caregiver Alliance - <http://www.caregiver.org/caregiver/jsp/home.jsp>
- AARP Caring for Parents - http://www.aarp.org/families/caregiving/caring_parents/
- State of TN Commission on Aging and Disability - <http://state.tn.us/comaging/>

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Resources – Caregiving and Related Issues

- American Association of Homes for the Aging - <http://www.aahsa.org/>
- Senior Solutions of America (Aging Parents & Elderly Care) - <http://www.aging-parents-and-elder-care.com/>
- Alzheimer's Association - http://www.alz.org/we_can_help_brain_health_maintain_your_brain.asp
- Veterans Administration (My Health eVet) - <http://www.myhealth.va.gov/>
- The Merck Manual - <http://www.merck.com/mmhe/index.html>
- Mayo Clinic - <http://www.mayoclinic.com/>

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